







**PLEASE NOTE THESE WILL BE DELIVERED IN THE AFTERNOONS.**




**Green Based Juices**

<p><b>Bushy Tailed \$11</b></p>	<p><b>Frankie's Finest \$11</b></p>	<p><b>Kale Yeah \$11</b></p>
<p>Kale, spinach, cucumber, apple, cilantro, lime</p> 	<p>Kale, spinach, pineapple, celery, apple, cilantro, mint</p> 	<p>Kale, Celery, Apple</p> 




**Carrot Based Juices**

<p><b>Liquid Gold \$11</b></p>	<p><b>Not So Tequila \$11</b></p>	<p><b>Sweet Roots \$11</b></p>
<p>Ingredients: Carrot, Orange, Lemon, Ginger, Turmeric.</p> 	<p>Carrot, Apple, Ginger</p> 	<p>Carrot, Pineapple, Ginger, Lemon</p> 

## Beet Based Juices

<p><b>Beetnik \$11</b></p>	<p><b>Fruit Free \$11</b></p>	<p><b>Heart Beat \$11</b></p>
<p>Beet Root, Carrot, Celery Cucumber, Apple</p> 	<p>Beet Root, Carrot, Cucumber</p> 	<p>Beet Root, Carrot, Apple, Orange, Lemon</p> 

## Other Blends

<p><b>Blue Majik \$11</b></p>	<p><b>Dragon Breath \$11</b></p>	<p><b>King Cool \$11</b></p>
<p>Apple, Coconut Water, Lemon, Blue Majik, Chia Seeds.</p> 	<p>Dragon Fruit, Coconut H2O, Lemon, Ginger, Apple, Chia seeds</p> 	<p>Pineapple mint</p> 

**Smoothies** 16 oz made with your choice of Coconut Water, Almond Mylk, Hemp Mylk, or Filtered Water. Our Almond Mylk is made fresh in-store from raw almonds!



#### CERTIFIABLY NUTS

\$8.99 · Banana, Dates, Almond Butter, Almond Mylk

V GF 3 Reviews



#### BERRIED TREASURE

\$8.99 · Strawberries, Raspberries, Coconut Water

V GF 1



#### NUTTY CACAO

\$8.99 · Holy Cacao, plus Almond Butter

V GF 1



#### TROPIC THUNDER

\$8.99 · Banana, Pineapple, Strawberry, Coconut Water

V GF 1



#### AVOCADO & MANGO

\$8.99 · Avocado, Spinach, Mango, Purified Water

V GF 1



#### PB & J

\$8.99 · Apple Juice, Peanut Butter, Banana, Berry of Choice, Almond Mylk

V GF 1



#### BERRY NICE

\$8.99 · Blueberry, Blackberry, Raspberry, Coconut Water

V GF 1



#### HOLY CACAO

\$8.99 · Cacao, Banana, Cacao Nibs, Almond Mylk

V GF 1

#### Smoothie base (select 1)

Coconut water / Almond Mylk / Hemp Mylk / Filtered Water

#### Boost Your Drink (Optional)\*

Agave / honey / Mable syrup / Ginger / Chlorella / Spirulina / Cinnamon / Turmeric / Maca Root / Grand Flax Meal / Cacao Nibs / Bee Pollen / Chia Seeds / Protein Powder (Pea) / Greens Powder / Peanut Butter / Almond butter

*\*Subject to additional fee ranging from 0.75 - \$1.50 ea.*

## Food & Lite Bites



### ENERGY BITES

Comes in a total of 4 Energy Bites  
4 Bites \$5.50 · 6 Bites \$7.50

**V** **GF** 1 Review 1



### VEGAN GLUTEN FREE BROWNIE

\$4.50 · A delicious Gluten free option just for you!

**GF** 1 Review 1



### COCONUT PARFAIT

\$6.75

1



### PINA COLADA CHIA PUDDING

Amazing new chia pudding! Feels like you are at the beach!

Chia, Water, Cashews, Coconut Milk, Vanilla Extract, Pineapple, Shredded Coconut, Salt, And Cherry

4.4 oz \$4.20 · 8.4 oz \$6

**DF** **GF** **V** **NEW** 1



### ACAI BOWLS

\$11.50 · 100% Pure Acai, topped with fresh seasonal fruit, granola, and coconut.

**SF** **V** **GF** 2 Reviews



### PB&J OVERNIGHT OATS

\$5.25 · Steel cut oats, peanut butter, wild berries jelly and blueberry.

**SF** **V** **GF** 3 Reviews



### RASPBERRY CHIA PUDDING

4.4 oz \$4.20 · 8.4 oz \$6

**V** **GF** 1



### COCOA CHIA PUDDING

Light & sweet protein powerhouse.

4.4 oz \$4.20 · 8.4 oz \$6

**SF** **V** **GF** 2 Reviews



### ALMOND CHIA PUDDING

4.4 oz \$4.20 · 8.4 oz \$6

**V** **GF** 4 Reviews

1

**PLEASE INDICATE YOUR SELECTIONS BELOW including the base and any boosts you wish to add. (For options, please refer to the items in the menu above)**

<b>DAY</b>	<b>SELECTION (S)</b>	<b>QTY</b>	<b>TOTAL \$</b>
<b>TUESDAY</b>			
<b>WEDNESDAY</b>			
<b>THURSDAY</b>			
<b>FRIDAY</b>			
<b>SATURDAY</b>			

Please provide your payment information details below

<b>CREDIT CARD NUMBER:</b>	
<b>EXPIRATION DATE:</b>	
<b>SECURITY CODE:</b>	
<b>NAME ON CREDIT CARD:</b>	

*You will be notified of the total charge before processing.*

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